

HORAS	LUNES /MONDAY	MARTES /TUESDAY	MIERCOLES / WEDNESDAY	JUEVES / THURDAY	FRIDAY / VIERNES	SABADO / SATURDAY	DOMINGO / SUNDAY
8:30 - 9:30	CIRCUITO FUNCIONAL	GRAVITY CARDIO	GAP	CIRCUITO WRF	GRAVITY CARDIO		
9:30 - 11:00	YOGA		YOGA		YOGA		
9:30 - 10:30	CICLO INDOOR	CICLO INDOOR	CICLO INDOOR	CICLO INDOOR	CICLO INDOOR		
9:30 - 10:30	POWER TONING	FULL BODY BURNING	POWER TONING	CARDIOBOX	CIRCUITO FUNCIONAL	GRAVITY CARDIO	
10:30 - 12:00							YOGA
10:30 - 11:30	GRAVITY CARDIO		GRAVITY CARDIO		GAP	POWER TONING	
11:00 - 12:00		PILATES MATTS		PILATES MATT			
11:30 - 12:30					PILATES		
17.30 - 18:30							
18:30 - 19:30							
18:30 - 19:30	CIRCUITO FUNCIONAL	POWER TONING	GAP	CIRCUITO FUNCIONAL	CICLO INDOOR		
18:30-19:30	PILATES						
18:30 - 20:00		POWER YOGA		POWER YOGA			
19:30 - 20:30		BOXING TRAINNING	PILATES	BOXING TRAINNING			
19:30 - 20:30	CICLO INDOOR	GRAVITY CARDIO	CICLO INDOOR	DANCE	GRAVITY CARDIO		

**HORARIO DE APERTURA :**  
**TIMETABLE:**

**LUNES A VIERNES - 7:30 a 21:30**  
**MONDAY to FRIDAY - 7:30 to 21:30**



**SABADO, DOMINGOS Y FESTIVOS - 9:00 a 14:00.**  
**SATURDAY, SUNDAY AND HOLIDAYS - 9:00 to 14:00**



RESERVAS EN LA APP



BOOKINGS ON THE APP